

# Outpatient Bronchoscopy Instructions

## Dr. William Lucht

A Bronchoscopy is a procedure where we look into the airways of the lungs. It will be done as an out patient procedure. You will go to the hospital in the early morning and go home the same day. You will receive medications to make you sleep during the procedure. You will NOT be allowed to drive for 12 hours after this test, so bring someone with you to take you home. The entire process will take about 4-5 hours of your time.

Risks with this procedure are small. It is very safe. You have a 1% risk of air leak or lung collapse if we biopsy the lung. You may bleed a small amount but major bleeding is very rare. Breathing problems are rare but occasionally do happen. We will watch over you very closely to keep you safe.

### **INSTRUCTIONS:**

1. Do NOT eat or drink ANYTHING for 6 HOURS BEFORE the procedure.
2. Pre-Register at the hospital at least 1 day before the procedure.
3. ARRIVE AT THE HOSPITAL 1 HOUR BEFORE THE SCHEDULED PROCEDURE TIME.
4. DO NOT TAKE ANY COUMADIN, HEPARIN, ASPIRIN, **PLAVIX, IBUPROFEN** OR OTHER BLOOD THINNER FOR FOUR DAYS BEFORE THIS PROCEDURE.
5. Bring a friend or family member with you to drive you home.

### **AFTER THE PROCEDURE**

**ACTIVITY:** Light activity today. Please **DO NOT** drive a car. Resume normal activity tomorrow.

**INSTRUCTIONS:** You may cough up traces of bloody sputum. Fever may be present for 24 hours. Report any excessive chest or lung pain or unusual problems with breathing. Please call if fever persists or sputum turns colored. A sore throat may be present for up to 4 days.

**MEDICATION:** Cepacol throat lozenges. Dissolve one in mouth as needed for throat discomfort or dryness.

**DIET:** Resume normal diet.